



Baked Cottage Cheese Eggs

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Ingredients:

1 cup low-fat cottage cheese
4 large eggs
1/4 cup chopped fresh chives
1/4 teaspoon salt
1/4 teaspoon black pepper
Cooking spray

Instructions:

Preheat your oven to 350°F (175°C). Lightly coat a baking dish with cooking spray.

In a mixing bowl, combine the cottage cheese, eggs, chopped chives, salt, and black pepper. Mix well until all ingredients are evenly incorporated. Pour the mixture into the prepared baking dish, spreading it out evenly.

Bake in the preheated oven for 25-30 minutes, or until the eggs are set and the edges are golden brown.

Once done, remove from the oven and let it cool for a few minutes before serving.



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8887 Southwestern Blvd. Dallas, TX 75206 | franco@francococo.com | Tel. 415-312-6105